



SHORT BIO FOR NATALIE

Natalie Dawn Hanson is an author, speaker, and coach. She's the author of *Made to Soar: Christ-Centered Truths to Encourage, Equip, and Empower Moms*; creator of the online coaching program, *The S.O.A.R. Method*; and founder of the *Made to Soar Movement* and the *Soaring Sisters Community* all designed to guide women from places of uncertainty, unsecurity, and unsteadiness to places of clarity, courage, and strength in all areas of their lives so they can discover their divine identity and purpose, live their dreams with passion, commit to a life of intention and unity with God, and band together as sisters in Christ to positively impact the world and build up the next generation of believers. She believes every woman was created to unfurl her wings and soar in the joy and beauty of her divine purpose, and she's committed to empowering women to do so.

To those who do life with her, Natalie is simply a chauffeuring mom who loves and relies on Jesus (and coffee, good food, and exercise) to get through and enjoy the crazy adventure of motherhood. Natalie lives on one of Minnesota's beautiful lakes and is a wife to a farmer—her hubby, Darin who she's still wildly in love with—and momma to four boys who teach her more about extravagant love and grace every day. It's in the loud, crazy and quiet, calm moments at home where her most important ministry happens.

Natalie is known for sneaking away for renewing runs, sobbing over Hallmark movies, having a cup of coffee (or two) with a friend, pushing herself with intense workouts, prepping meals, and finding joy in the ups and downs of life. She loves quiet mornings, white cheddar popcorn, boating with family and friends, hosting social gatherings, and partaking in conversations about life and faith. She's your friend next door eager to support, encourage, and love you through this adventure we call life.