



## INTRO FOR NATALIE

Natalie is an author, speaker, and coach, but most importantly a daughter of the King, wife, and mom. Natalie lives on one of Minnesota's beautiful lakes and is wife to a farmer—her hubby, Darin who she's still wildly in love with—and momma to four sons, Peyton, Samuel, Cooper, and Parker who teach her more about extravagant love and grace every day and are the subjects of her most important ministry and calling as wife and mom.

Natalie is on a mission to encourage, equip, and empower women to unfurl their wings and soar in the beauty and joy of their divine purpose and rise up a movement of women who boldly accept their roles and are ready to confidently live out the story God is writing in their lives.

Natalie is the author of *Made to Soar: Christ-Centered Truths to Encourage, Equip, and Empower Moms*; creator of the online coaching program, *The S.O.A.R. Method*; and founder of the *Made to Soar Movement* and the *Soaring Sisters Community* all designed to guide women from places of uncertainty, unsecurity, and unsteadiness to places of clarity, courage, and strength in all areas of their lives so they can discover their divine identity and purpose, live their dreams with passion, commit to a life of intention and unity with God, and band together as sisters in Christ to positively impact the world and build up the next generation of believers.

Natalie is known for sneaking away for renewing runs, sobbing over Hallmark movies, having a cup of coffee (or two) with a friend, pushing herself with intense workouts, prepping meals, and finding joy in the ups and downs of life. She loves quiet mornings, white cheddar popcorn, boating with family and friends, hosting social gatherings, and partaking in conversations about life and faith. She's your friend next door eager to share heart with you.